

Printable Ring Sizer

Find your ring size at home in a few minutes. You can measure a ring you already own, or measure your finger with the sizing strip on page 2.

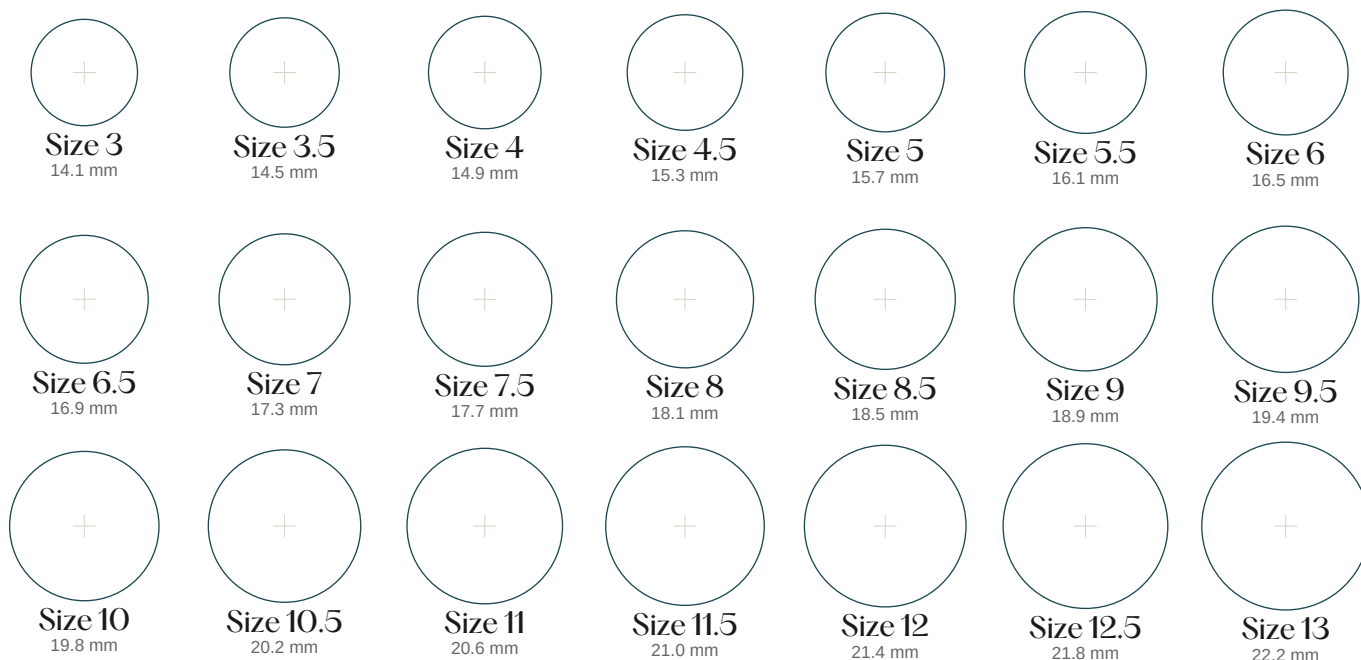
BEFORE YOU BEGIN

Print this page at 100% or "Actual Size". Do not select "Fit to Page". Then check the line below with a ruler. It should measure exactly 50 mm (about 2 inches). If it does not, adjust your print settings and print again.



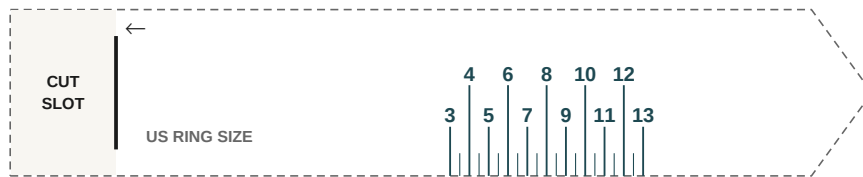
METHOD 1 MEASURE A RING YOU OWN

Choose a ring that fits the finger you are sizing. Place it flat over the circles below. Your size is the circle whose line sits just inside the inner edge of the ring, so the line is still visible all the way around. If you fall between two sizes, choose the larger one.



METHOD 2 MEASURE YOUR FINGER

- 1 Cut out the sizing strip along the outer lines, then cut the small slot marked with the arrow.
- 2 Wrap the strip around the base of your finger, feed the narrow end through the slot, and pull it until it feels snug but still slides over your knuckle.
- 3 Read the size that lines up with the edge of the slot. That is your ring size.
- 4 Fingers can change size throughout the day, so measure later in the day for the most accurate fit. If you fall between two sizes, choose the larger one.



Cut along the dashed line. Long lines are whole sizes and short lines are half sizes. Marks are measured from the slot.

SIZE CHART

US SIZE	DIAMETER (MM)	CIRCUMFERENCE (MM)	US SIZE	DIAMETER (MM)	CIRCUMFERENCE (MM)
3	14.1	44.2	8.5	18.5	58.2
3.5	14.5	45.5	9	18.9	59.5
4	14.9	46.8	9.5	19.4	60.8
4.5	15.3	48.0	10	19.8	62.1
5	15.7	49.3	10.5	20.2	63.3
5.5	16.1	50.6	11	20.6	64.6
6	16.5	51.9	11.5	21.0	65.9
6.5	16.9	53.1	12	21.4	67.2
7	17.3	54.4	12.5	21.8	68.5
7.5	17.7	55.7	13	22.2	69.7
8	18.1	57.0			

A few tips: wide bands usually fit more snugly, so consider going up a quarter to half size for bands wider than 4 mm. Measure the finger you plan to wear the ring on, as sizes can differ between hands. Please note that resized rings cannot be returned.